TURLOCK POLICE DEPARTMENT (2870)
Arrest and Control
Revised: 03/03/2021

COURSE TITLE: Arrest and Control (20995)

COURSE NUMBER: 20995

COURSE HOURS: 4

COURSE GOAL: To provide participants with a review of use of force options, including state law and department policies. Classroom and practical training will be given in control holds, handcuffing, compliance techniques, take downs, searching, and de-escalation. This course provides updated legislative content of Penal Code Section 835a.

AUDIENCE: Sworn Peace Officers

NOTE: The training will consist of a classroom review, practical exercises, demonstration and scenarios. A safety orientation and warm-up exercises will be conducted prior to the start of the practical portion.

COURSE OBJECTIVES

Under the supervision of a qualified instructor, and using approved law enforcement equipment each student will:

I. Demonstrate their understanding of 835a P.C.

II. Review of the agency policy as it relates to Use of Force, Handcuffing and Restraints, Control Devices, and Search and Seizure.

III. Demonstrate the ability to perform those instructed techniques, control holds, handcuffing, takedowns, searching, and de-escalation techniques at an acceptable level.
EXPANDED COURSE OUTLINE

I. Classroom (Lecture)
   A. Instructor Introduction
      I. Registration/Sign in
   II. Discussion class rules and safety policy
   III. Discussion of prior, restrictions, and injuries
   B. Use of Force Discussion (Power Point Presentation)
      I. Department Policy
   II. Statutory and Case Law & Legislative Update
      I. AB 392
      II. SB 230
      III. Penal Code Updates
         1. Revisions to PC 835a
   III. The Force Continuum/Use of force options
   IV. Use of Force Memorandums
   V. De-Escalation Techniques
      I. Officer Safety
         1. Officer to Officer
         2. Officer to suspect(s)(reading suspect)
         3. Officer to citizen
      II. Command Presence
         1. Approach-Positioning
         2. Body Language
         3. Posturing
      III. Effective Listening
         1. Observing
         2. Paraphrasing
         3. Interest
      IV. Defusing Anger
         1. Redirection
         2. Responding
      V. Judgement and Decision Making
         1. Influence
         2. Control/voluntary compliance
         3. Resolution
      VI. Stress Conditions
         1. Environment/high risk vs. low risk/consensual vs. detention-arrest
         2. Professional/Non-Professional/Inappropriate language
         3. Intentional/unintentional contact escalation versus de-escalation
   VII. Enhanced Professionalism
      1. Use of good communication skills
      2. Use of good communication elements
3. Gain control/voluntary compliance

VIII. Decreased Complaints
   1. Inappropriate communication
   2. Touch
   3. Distance
   4. Words
   5. Culture

IX. Decreased Liability
   1. Persuasion vs Demand
   2. Appeal via ethics
   3. Rational
   4. Practical
   5. Personal

X. Less Stress

C. Officer Duties After Use of Force
   I. Supervisor Notification
   II. First Aid/Medical Attention and clearance for booking

   Prior to booking or release, medical assistance shall be obtained for any person who exhibits signs of physical distress, who has sustained visible injury, expresses a complaint of injury or continuing pain, or who was rendered unconscious. Any individual exhibiting signs of physical distress after an encounter should be continuously monitored until he/she can be medically assessed. Based upon the officer’s initial assessment of the nature and extent of the subject’s injuries, medical assistance may consist of examination by fire personnel, paramedics, hospital staff or medical staff at the jail.
   I. Use of Force memorandums
   II. Statements
   III. Photographs

BODY DYNAMICS

I. Stance/Balance
   A. Field Interview Stance
      I. Purpose
      II. Positioning
   B. Defensive Fighting Position
      I. Purpose
      II. Positioning
   C. Footwork
      I. Shuffle Step
      II. Pivot
      III. Progressive Pivot
   D. Position of Advantage
   E. Distraction Techniques

II. Suspects Response
A. Fight or flight
B. Cues
   I. Visual
   II. Verbal
III. Verbal Commands
   A. Provides clear directions
   B. Forces you to breath

CONTROL HOLDS AND COMPLIANCE TECHNIQUES

I. Standing Modified Position
   A. Stance
      I. Searching
      II. Transitioning position for handcuffing (Rear Wrist Lock)
II. Twist Lock
   I. Searching
   II. Handcuffing position

HANDCUFFING

I. Special Circumstances/Situations
   A. Pregnant Females
   B. Loss of Limb
   C. Size
   D. Interfering Injuries
   E. Leg Irons
   F. Immediate Medical Treatment Protocol
      I. Handcuffing to gurney
II. Handcuffing from Rear Wrist Lock
   A. Standing
   B. Kneeling
III. Handcuffing from Twist Lock
   A. Standing
   B. Kneeling
IV. Handcuffing Prone Position
   A. Approach
      I. Front
      II. Rear
   B. Shoulder Pin Position
      I. Transition to handcuffing
      II. Position used after conclusion of a take down

TAKE DOWNS

I. Circle Down
A. Stir over movement to a shoulder pin
   I. Transition to handcuffing

II. Reverse Wrist Takedown
A. Stir over movement to a shoulder pin
   I. Transition to handcuffing

III. Leg Sweep
A. Stir over movement to a shoulder pin
   I. Transition to handcuffing

IV. Reap Throw
A. Stir over movement to a shoulder pin
   I. Transition to handcuffing

V. Arm Bar Drag Down
A. Shoulder pin
   I. Transition to handcuffing

SEARCHING

I. Searches
   A. Terry pat down search
   B. Incident to arrest
   C. Probation/Parole
   D. Consent
   E. Search Warrant

II. Systematic and Methodical
   A. Maintain Control
      I. Control Hold
      II. Handcuffs
   B. Waistline first